

Services:

Adult Day Program
Respite services
Socialization
Recreational camps
Life skills training
Physical activities
Transportation
Community exploration and participation
Healthy nutrition
Personal assistance services -
 assistance with activities of daily
 living, including meals, hygiene,
 bathing
Health monitoring, such as blood sugar
 testing, blood pressure, vital signs
 and weight monitoring
Case management and community
 referrals
information sharing



WELCOME TO THE CLUB!

We are located in South Mississauga
(Lorne Park area)

ABOUT OUR PROGRAM

The focus of our program is to engage adults with developmental disabilities in daily group activities that will improve their social, life skills, allow for recreation and community involvement. The program operates daily Monday through Sunday from 8 am until 8 pm. There are opportunities for a full or part time enrollment. In addition, respite and summer camps are also offered with the focus on socialization, recreation, physical activity and community outings. Meals and transportation provided.

The process of enrollment includes:

- Performing an initial individual needs assessment before admission into the program
- Development of individualized plan and learning goals
- Development of individualized treatment plan
- Develop schedule of program attendance and evaluation of service availability

Contact us:
Tel: (416) 521-7384
www.fredsclub.ca



DAY PROGRAM ***for adults with developmental & physical disabilities***

Social and recreational activities

Assistance with personal care

Health monitoring and support

Caregiver support



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